



PRESS RELEASE

TSX VENTURE EXCHANGE = MTO

201,686,865 outstanding shares

METANOR INTERSECTS 9.71 g/T OVER 3.11M AND 6.92 g/T OVER 10.10M AT BACHELOR LAKE

September 27, 2011 - Val-d'Or, Quebec, Canada: Metanor Resources Inc. ("Metanor") (TSX-V: MTO) is pleased to provide another update of its activities at the Bachelor Lake Project.

As of today, the 15,000 meter diamond drilling campaign announced on June 16th (ref. press release) has completed 3,000 meters of drilling from surface in the Hewfran West sector. The sector where the drilling is being performed is 850 meters west from the Bachelor Lake mine shaft. Metanor obtained the following results from the first seven completed drill holes:

Drill Hole	From (m.)	To (m.)	Width (m.) *	Grade g/T Au	Zone
B11-160	269.00	272.11	3.11	9.71	HA-West
B11-161	339.48	341.61	2.13	5.44	HA-West
B11-163	163.28	166.08	2.80	4.00	HA-West
	174.08	175.66	1.58	4.47	HA-West 1
B11-164	196.57	204.67	8.10	1.13	HA-West
<i>including</i>	196.57	202.18	5.61	1.62	
B11-165	235.85	239.07	3.22	1.70	HA-West
	240.90	249.01	8.11	1.07	HA-West 1
<i>Including</i>	241.56	244.13	2.57	2.83	
B11-166	185.88	187.94	2.06	2.87	HA-West
B11-187	281.20	291.30	10.10	6.92	HA-West

(* All intercepts represent the true core length).

The drilling conducted in the Hewfran West Sector is focused mainly on the Hewfran West A gold structure. This structure already contains resources (indicated and inferred; ref Technical Report NI 43-101 Stantec, Feb. 2011) and is accessible from a drift on level 6 at Bachelor Lake Mine. The drilling targeted a zone between 100 and 330 meters below surface and all drill holes to date have intersected the Hewfran West A structure. The alteration type and the associated gold mineralization were observed at different degrees in all the drill holes completed to date.

Metanor Resources is very encouraged by these first results, and is actively continuing its drilling program from surface with the goal of increasing the resources in the Hewfran sector. Moreover, Metanor plans to begin, in October, the drilling of the Main and B veins from level 15 at the Bachelor Lake Mine.

The true width is approximately 90% of the core length obtained in diamond drill holes. The samples were assayed by fire-assay at the Metanor assay lab. The quality control

program of the assay results (QA QC) put in place by Metanor includes a minimum of 10% of controlled assays being conducted as well as verification by an independent external assay lab.

About Metanor

Metanor is a Canadian based gold mining company with a focus on adding value per share through efficient exploration, and development of its properties. Maintaining a low risk profile through a strong operating team, sound financial management, and operating in secure jurisdictions like Quebec are key priorities for Metanor's management team.

Qualified Person

Pascal Hamelin, P. Eng, Vice-president and General Manager of Operations, is the Qualified Person under NI 43-101 responsible for reviewing and approving the technical information contained in this news release.

Cautionary Language and Forward-Looking Statements

This press release includes certain statements that may be deemed "forward-looking statements". All statements in this discussion, other than statements of historical facts, that address future exploration drilling, exploration activities, anticipated metal production, internal rate of return, estimated ore grades, commencement of production estimates and projected exploration and capital expenditures (including costs and other estimates upon which such projections are based) and events or developments that the Company expects, are forward looking statements. Although the Company believes the expectations expressed in such forward looking statements are based on reasonable assumptions, such statements are not guarantees of future performance, and actual results or developments may differ materially from those in forward-looking statements. Factors that could cause actual results to differ materially from those in forward-looking statements include, metal prices, exploration successes, continued availability of capital and financing, and general economic, market or business conditions. Accordingly, readers should not place undue reliance on forward-looking statements.

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