

**TSX VENTURE EXCHANGE = MTO**

**105,807,582 outstanding shares**

**METANOR DRILLS 10.40 g/t Au OVER 7.65m**

**BARRY PIT GROWS AGAIN (East meets West) -STILL OPEN AT DEPTH**

**June 11, 2009 - Val-d'Or, Quebec, Canada:** Metanor Resources Inc. (MTO: TSX-V) is pleased to announce preliminary results of a ongoing drilling campaign carried out on the Barry property which confirms further extensions of the pit towards the West zone and extended the mineralized zone which links the West zone (zone 45) with zone 43.

**HIGHLIGHTS**

- Diamond drill hole MB-09-385 returned an intersection of **3.04 g/t Au over 30.15m** including **10.40 g/t Au over 7.65m** at 50m to the west of hole MB-09-370 which returned **4.86 g/t Au over 27.0m**.
- The northern branch of the main zone (East pit) was also extended over a distance of approximately 30 meters towards the west (totalling 80m) with diamond drill holes MB-09-379 and MB-09-380.

-Results obtained in all these below-noted mineralized zones, particularly the newly discovered mineralized zone located south of the granitic mass which represents the link between the West Zone and the Main zone (East Pit) confirm the potential for significant additional resources in all the gold bearing zones at Barry and is still open at depth.

**DETAILS**

A series of mineralized zones located to the south and between the east pit and the West zone were extended by drilling over a distance of more than 100m. This drilling program investigated the extension of mineralized zones extending between the Main zone (East pit) and the West zone located approximately **80m** to the south of the open pit. This mineralized zone was first intersected on section 800 E in hole MB-09-370 which returned **4.86 g/t Au over 27.0m**. It is interpreted as the western extension of Zone 43 and could be the central block linking the West zone and the Main zone (East pit) but displaced southward by north-south faulting.

Gold intersections obtained between West Zone and Zone 43:

Section	DDH	From (m)	To (m)	Length(m)	Au (g/t)
750 E	MB-09-385	51.5	54.5	3.0	<b>4.14</b>
	and	80.0	110.15	30.15	<b>3.04</b>
	Including	93.5	110.15	16.65	<b>5.18</b>
	Including	99.5	110.15	10.65	<b>7.82</b>
	Including	102.5	110.15	7.65	<b>10.40</b>
770 E	MB-09-386	48.95	52.5	3.55	<b>3.10</b>
	and	63.5	71.0	7.5	<b>2.94</b>
	and	107.0	122.0	15.0	<b>2.59</b>
	Including	107.0	113.0	6.0	<b>3.40</b>
	and	147.5	155.0	7.5	<b>4.77</b>
790 E	MB-09-387	108.5	131.0	22.5	<b>3.89</b>
	Including	114.5	128.0	13.5	<b>5.78</b>

800 E	MB-09-383	114.5	120.5	6.0	<b>2.81</b>
	and	127.35	129.7	2.35	<b>2.06</b>
800 E	MB-09-369	7.2	11.5	4.3	<b>2.78</b>
	and	64.35	88.55	24.2	<b>2.31</b>
	Including	79.0	88.55	9.55	<b>3.74</b>
850 E	MB-09-368	35.0	48.5	13.5	<b>2.86</b>
	Including	35.0	40.25	5.25	<b>3.98</b>
	and	69.5	74.5	5.0	<b>2.35</b>
850 E	MB-09-384	108.5	114.9	6.4	<b>2.35</b>
	and	126.5	129.5	3.0	<b>3.42</b>

The northern branch of the main zone (East pit) was also extended over a distance of approximately 30 metres towards the west (totalling 80m) with diamond drill holes MB-09-379 and MB-09-380. The latter allowed locating the extension of mineralized zones at shallow depth under a narrow granitic dyke. More to the west a channel sample taken across the northern branch on section 790E, or approximately 200m to the west of the actual pit, returned an intersection of **48.90 g/t Au** or **5.19 g/t Au (Cut to 34.28 g/t)** over **12.27m** and as a result guarantees the continuation of diamond drilling in this sector.

#### Gold intersections obtained in the Northern branch of the Main Zone:

Section	DDH	From (m)	To (m)	Length(m)	Au (g/t)
920 E	MB-09-379	8.5	33.7	25.2	<b>2.12</b>
	Including	12.0	26.5	14.5	<b>3.22</b>
880 E	MB-09-380	16.0	25.0	9.0	<b>2.42</b>
	Including	16.0	20.45	4.45	<b>4.35</b>

Mineralized zones of the West Zone were also investigated towards east and west and have been extended at shallow depth towards west over a distance of 40m. These mineralized zones are joining a wide granitic mass to the west and extensions more to the west could be displaced southward by north-south faulting.

#### Gold intersections obtained in the West Zone:

Section	DDH	From (m)	To (m)	Length(m)	Au (g/t)
770 E	MB-09-378	18.5	21.5	3.0	<b>7.35</b>
	and	56.0	63.5	7.5	<b>2.27</b>
720 E	MB-09-354	35.0	48.5	13.5	<b>2.13</b>
	and	82.4	89.5	7.1	<b>6.95</b>
670 E	MB-09-362	17.5	24.2	6.7	<b>3.03</b>
	and	91.9	96.6	4.7	<b>3.41</b>
655 E	MB-09-363	14.4	26.5	12.1	<b>4.05</b>
640 E	MB-09-388	9.0	15.0	6.0	<b>2.99</b>
	and	39.5	42.5	3.0	<b>2.30</b>

Results obtained in all these mineralized zones, particularly the newly discovered mineralized zone located south of the granitic mass which represents the link between the West Zone and the Main zone (East Pit) confirm the potential for significant additional resources in all the gold bearing zones at Barry.

The true width is approximately 80 to 90 % of the core length obtained in diamond drill holes. Analyses were performed by fire assay at the Bachelor Mine laboratory with verification of some samples at the ALS Assay Laboratory in Val-d'Or, Quebec.

Mr. André Tremblay, P Eng. is the qualified person pursuant to National Instrument 43-101 and supervised the technical information presented in the news release.

- 30 -

The TSX Venture Exchange does not accept any responsibility for the adequacy or the accuracy of the press release.

**For further information please contact:**

Serge Roy, CEO  
Tel.: 819-825-8678



2872, chemin Sullivan, bureau 2, Val-d'Or (Québec) J9P 0B8