



## PRESS RELEASE

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TSX VENTURE EXCHANGE = MTO

78,957,782 outstanding shares

### NEW DISCOVERY CONFIRMED

#### Extensions of the West Zone confirmed by drilling on the HEWFRAN property

**February 12, 2009 - Val-d'Or, Quebec, Canada:** Metanor Resources Inc. (MTO: TSX-V) is pleased to announce that a drilling campaign carried out on the Hewfran property allowed to extend the West zone between surface and a vertical depth of 180m, where prior work had indicated the beginning of this gold bearing zone below 180m.

The Hewfran property is located in the Lesueur Township, Desmaraisville area (province of Quebec). It comprises 38 claims covering an area of 683 hectares, and is immediately located to the west of the Bachelor Mine (approximately 1300 feet or 400 meters away). The Hewfran property was explored during the Eighties by two underground galleries starting from the Bachelor Mine (levels 6 and 8) and had many diamond drilling holes (on the surface and underground). The geological units and the extensions of the mineralized zones of the Bachelor Mine are present on this block of claims.

A stripping campaign carried out during autumn 2008 allowed to locate the extension on surface of the West Zone of Hewfran and to expose this strongly hematized and mineralized zone on a horizontal distance of approximately 40 meters with thickness reaching 6 meters. This zone was originally defined in drilling over a horizontal distance of approximately 300m and between the depths of 180m and 330m. The two gold bearing zones oriented East-West and the North-East and which compose the West zone correspond to those of the A zone and the Main zone of the Bachelor mine. Grab and chips samples taken along the East-West mineralized zone returned gold values reaching **7.21 g/t Au** and grab and chips samples taken along the north-east sheared zone returned values reaching **17.5 g/t Au**. A channel sample taken across these 2 mineralized structures returned an intersection of **2.62 g/t Au over 6.0m** including **5.20 g/t Au over 2.5m**. Chips samples taken to the south of the strongly hematized zone returned gold values varying between **10.30 g/t Au** and **24.30 g/t Au**.

A drilling campaign tested the continuity at shallow depth of the gold bearing zones exposed on surface after the stripping program. Diamond drill hole B-137 returned directly under the stripped area an intersection of **3.72 g/t Au over 4.20m** at a vertical depth of 45m and hole B-142 drilled approximately 15m to the east returned at the same elevation an intersection of **3.10 g/t Au over 6.0m**. On the same section, hole B-143 intersected at a vertical depth of 70m a gold bearing zone grading **3.01 g/t Au over 4.20m**. Diamond drill hole B-145 intersected the West zone 75m to the west and at a vertical depth of 90m with a gold intersection of **2.87 g/t Au over 3.15m**. At greater depth, diamond drill hole B-128 returned on the same section than hole B-137 and at a vertical depth of 140m, a gold intersection of **3.78 g/t Au over 2.9m** and approximately 60m towards the east diamond drill hole B-132 intersected the West zone at a vertical depth of 170m with an intersection of **5.13 g/t Au over 5.15m**.

These results indicate that in this sector the West zone is continuous from surface to the elevation 180m below surface where the resources have been evaluated in 2005. The discovery of this new

gold bearing zone on surface is very important because it warrants new exploration programs of all the area located close to surface and immediately to the west of the old Bachelor mine.

Analyses were performed by fire assay at the Bachelor Mine laboratory with verification of some samples at the Bourlamaque Assay Laboratory of Val-d'Or, Quebec.

Mr. André Tremblay, P Eng. is the qualified person pursuant to National Instrument 43-101 and supervised the technical information presented in the news release.

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The TSX Venture Exchange does not accept any responsibility for the adequacy or the accuracy of the press release.

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